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## TRAVEL ADVISORY INCREASED TO ORANGE LEVEL

The Indiana State Department of Health Novel Coronavirus Map now has Elkhart County with 11 positive cases. The Elkhart County Department of Health has confirmed that we now have community spread cases under investigation. Due to an increase in the number of positive cases of COVID-19 reported in our surrounding counties, the Elkhart County Commisioners and Mayors have raised the County Travel Status to a Orange / Watch level:

meaning that the conditions are threatening to the safety of the public. During a "WATCH" local travel advisory, only essential travel, such as to and from work or in emergency situations, is recommended, and emergency action plans should be implemented by businesses, schools, government agencies, and other organizations.

The best way to protect yourself from any respiratory illness, including COVID-19 and the flu, is to:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer with 60% or greater alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Practice social distancing (no group functions such as book clubs, meetings, and or congregations of 10 or more)
- Stay home unless it is essential for you to go somewhere.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

The myth is, that this virus is only affecting people 60 years of age and older. Please understand, that this virus can and will affect every age group. Everyone is a target of the COVID-19 Virus. Every age group can spread COVID-19.5

We will continue to provide updates as changes occur. Please follow our Facebook page at Elkhart County Health Department Health Education Division <a href="www.elkhartcountyhealth.org">www.elkhartcountyhealth.org</a>, or go to the Indiana State Department of Health's website at <a href="www.isdh.in.gov/coronavirus">www.isdh.in.gov/coronavirus</a> for up-to-date information on COVID-19.

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