

FOR IMMEDIATE RELEASE
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HOW YOU CAN HELP DURING THE COVID-19 PANDEMIC

We are all aware of the need for volunteers during this time. Below are a couple of ways that Elkhart County Citizens can take part in the response.

We are looking for volunteers to help operate a phone bank and answer general questions. To register and take part in this endeavor, please register at www.serv-in.org to register. If you have medical training (nursing, MD, DO, etc.) please indicate that. The system will verify your credentials, and we will be able to utilize your services much better.

For those interested in making masks and gowns, you may deliver all finished products to one of the following locations, seven days a week. All questions can go to Michelle.Miller@elkhartpolice.org. There are instructions on how to make masks and the best material to use online.

Drop off locations are as follows:

- Elkhart County 4H Fair Office- Gate #3- 17746 County Road 34, Goshen, IN (24 hours a day)
- Elkhart Police Dept. -175 Waterfall Dr., Elkhart, IN (7 am-10 pm)

As we have said many times and will continue to say, the best way to protect yourself from any respiratory illness, including COVID-19 and the flu, is to:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer with 60% or higher alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Practice social distancing (no group functions such as book clubs, meetings, and or congregations of 10 or more)
- Stay home unless it is essential for you to go somewhere.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

We will continue to provide updates as changes occur. Please follow our Facebook page at Elkhart County Health Department Health Education Division www.facebook.com/healtheducation.echd, www.elkhartcountyhealth.org, or go to the Indiana State Department of Health's website at www.isdh.in.gov/coronavirus for up-to-date information on COVID-19.

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