



Goshen Sharks Soccer League Rules: 4 & 5 League

IHSAA rules will be followed in all cases except where noted below:

- Games will be played with a #3 soccer ball.
- Each game shall consist of (4) 10 minute quarters with a running clock with 1 minute of rest between each quarter. Halftime will be 5 minutes. Coaches will be provided with stopwatches.
- Games will either be played 4 vs. 4 or 5 vs. 5 with goalies depending on the number of players present for both teams. Teams should have at least one substitute available.
- Coaches from each team shall act as referees during the game.
- Slide tackles are not allowed at any time.
- The offside rule will not be enforced.
- There will be no penalty kicks at this level.
- A goal cannot be scored directly on a kick-off. It must touch at least one other player on the team.
- The ball can be kicked or thrown in when it goes out of bounds. The opponents should be a few yards back to allow the ball to be put back into play.
- A player cannot kick or throw to himself/herself when putting the ball back in bounds. It must be touched by another player before he or she can touch it again.
- Substitutions can be made as much as needed during play stoppages.
- **Goshen Parks & Recreation encourages that all players receive equal playing time. All players must play at least half the game.**
- Rules governing play may be changed by the League Director at any time in order to improve the league.

Please remember this is a recreational league. We are here to have fun!